

## How to Make Oatmeal Bread

Healthful to Eat—Saves the Wheat

1 cup flour  
1 1/2 cups corn meal  
1 teaspoon salt  
5 teaspoons Dr. Price's Cream Baking Powder  
2 tablespoons sugar

1 cup cooked oatmeal or rolled oats  
2 tablespoons shortening  
1 1/2 cups milk  
No eggs

Stir together flour, corn meal, salt, baking powder and sugar. Add oatmeal, melted shortening and milk. Bake in greased shallow pan in moderate oven 40 to 45 minutes.

This wholesome bread is easily and quickly made with the aid of

### Dr. Price's Cream Baking Powder

If used three times a week in place of white bread by the 22 million families in the United States, it would save more than 900,000 barrels of flour a month.

New Red, White and Blue booklet, "Best War Time Recipes", containing many other recipes for making delicious and wholesome wheat saving foods, mailed free.

DR. PRICE'S CREAM BAKING POWDER, 1011 Independence Boulevard, Chicago

**FOOD WILL WIN THE WAR**

## The Democrat.

Telephones:  
Doniphan, No. 30. Mutual, No. 80.

### Local and Personal News.

Eugene B. Johnston and wife visited friends in Poplar Bluff last Sunday.

Mr. and Mrs. Acl Ponder Sundayed at the Bluff, going over in their car.

Miss Nell Rouse is in St. Louis this week restocking spring goods for the Rouse store.

W. M. Trowbridge and family left this week for their new home at Drumwright, Oklahoma.

Judge Jesse Sheppard has been here from the Bluff this week attending circuit court.

Morris Stach is at home from a winter visit with a married daughter living at Beaumont, Texas.

Rat Ryan came home last Friday from his visit to Hot Springs, and he said the trip did him good.

H. G. Quisenberry of Deming, New Mexico, who was formerly a resident of this city, is here on a visit with his sons.

E. T. Shroul came home the last of the week from a trip to Louisiana where he had been buying hogs and cattle.

Rev. W. T. Seaton left the past week for Clinton, Iowa, to hold a revival meeting for the Holiness church, in that city.

Mrs. W. A. Malugin came home the past week from St. Louis, where she underwent an operation at a hospital in that city.

J. C. Henry a deputy Internal revenue collector was here last Saturday, assisting all who called on him to make out their income tax return.

Mrs. Jim Fenton of St. Louis, returned to her home there, after a prolonged visit with her parents in the east part of town, Mr. and Mrs. J. L. Suggs.

Mrs. J. B. Thompson and children, who have been living in Chicago, for the past year or so, arrived Saturday for a visit with relatives and friends.

Clarence Dudley, who has been visiting his parents south of town, left Sunday for Camp Funston, Kansas. Clarence is one of Uncle Sam's boys now, and a good one.

Pat Ryan this week sold his blacksmith shop near Goodwin & Jeans, to Messrs. Bollenbocker & Tanner, the latter gentlemen coming from Gatewood where he had a shop.

Burrow Paul came in Sunday for a short furlough visit with relatives and friends. Burrow has a broken wrist, the results of crashing an auto. He is located at Camp Bowie, Fort Worth, Texas, belonging to the Engineering corps.

The spring season began yesterday, and by all the signs and portents, it 'jess sure did.

Postmaster Marlin and Dr. Maletic, two of Naylors progressive citizens, were here Tuesday, looking after business matters.

J. Will Presson came over from the Bluff last Tuesday in his auto and brought with him Hon. Will Meredith, prosecuting attorney for Butler county and attorney John L. Poyner. Mr. Meredith will be a Democratic candidate for Circuit Judge from Butler county and Mr. Poyner will be one of the four Republican candidates.

Among the wellknown citizens of the county who were in town this week, either as members of the grand or petit juries, were notified: Judge Jas. W. Stanley, Squire W. A. Brown, Morgan Denning, John Vaudover, Gus McCleary, General Patterson, Jim Lewis, Albert Mireke, Tom Lawhorn, C. D. Penrod, Sr.; Barney Pulliam, Charley Smith, J. C. Stevens, M. E. Ward, John Smelser, and a good many other old timers and well known residents and the gathering resembled those of fifteen or twenty years ago.

Robert P. Ferguson and Miss Ada Carwright were married at the home of the bride's parents near Flatwoods, by Rev. M. W. Cotton, last Saturday evening, a few members of the family and a few intimate friends being present. Bob's many friends in Doniphan extend congratulations and best wishes for a happy and a long life. His new wife is a daughter of Hardy Cartwright, and both the bride and groom are natives of the county. The lady has been engaged in teaching school, being a graduate of the Doniphan high school, and R. P. has been on the road for a wholesale grocery firm in St. Louis. He expects to locate and engage in business in Oklahoma, later in the year.

Sanol Kosama Prescription is a famous old remedy for all forms of Rheumatism and skin diseases. Sanol is a guaranteed remedy. Get a 35c large trial bottle at the drug store. 25-52.

The branch train on the return trip from the main line in the morning came mighty near going "off the top" on the bend at the foot of Sullivan's cut, about a mile and a half east of town last Sunday. The rear trucks of a refrigerator car bounced off the rails and the result was that, as it was a case of "follow your leader," the other cars of the train went off the rails too. The refrigerator car was not off so bad but that the train crew got it back on and brought the mail, express and passengers on in to the station, but the wreck train had to come in and straighten out the kinks of the rest of the train. The second trip was made by the branch train but it was late returning here.

When you have Rheumatism the liver or kidneys are sure to be out of gear. Try Sanol it does wonders for the liver, kidneys, and bladder. A trial 35c bottle or Sanol will convince you. Get it at the drug store. 25-52.

### The City Election.

The city election is only a few days away. There is a Mayor, two Aldermen and a Marshal to elect. The Mayor is to be elected for one year to fill out the unexpired term of the late Mayor, Dr. S. A. Proctor. An Alderman will be elected in the First Ward to succeed J. J. Seymour, and while he does not care especially for the place will serve if reelected, and as he has made a mighty good member of the board, the voters of his ward should see to it that he is returned.

W. H. Merrill retires in the Second Ward, and he does not desire to be returned as he is getting old and rather feeble and would like it if the voters chose a younger man, though if reelected will serve.

For Marshal, as there is nothing to it, nobody wants it, and whoever is elected will have his own fun at his own expense.

For Mayor the Republicans, for a wonder, have named two candidates, when one would have been too many as the Democratic majority in the town on a full vote is somewhere near 200, although, at one time, even when the Democratic majority was larger than it is now, the Republicans pulled a candidate through, but it was more on account of the unpopularity, or rather, peculiarities, of the Democratic candidate than anything else that gave them a victory. The two Republican candidates are J. M. Harrison, the contractor, and J. D. Gerlach, of the Ripley County bank.

There is one Democratic candidate announced, A. J. Rouse, who served the city very efficiently for two terms some years ago, and will do the same thing again, when elected, as he will be.

Squire Bill Henderson states that he is also a candidate for the office, but that he will not announce or make contest, and if his friends want to elect him he will serve.

The Judges of the Election in the First Ward are F. E. Smelser, Emil Acreback, Lewis Johnson and Jack Limes. The voting will be at the usual place, city building.

In the Second Ward, Dr. J. A. Spies, John T. Slayton, Robert McCauley and R. B. Williams. The voting will be at the usual place, High School building.

Woman's friend is a Large Trial Bottle of Sanol Prescription. Fine for black heads, Kosama and all rough skin and clear complexion. A real skin Tonic. Get a 35c trial bottle at the drug store. 25-52.

Leater Willis, who has been at home on a furlough visit to his mother, started on his return to Camp Doniphan the last of the week past. Private Willis went out from here as one of the Co. E boys, but was later transferred to the machine gun company, and is now a member of the 128th M. G. Co.

**Children Cry FOR FLETCHER'S CASTORIA**

### On The Game Law.

Game Warden J. B. Johnson, of Oregon County, is here this week, looking over the county, to see if the game and fish laws are being observed by the people of Ripley county. While this is not the hunting season and there is practically no game that can be killed now, yet there may be a few of the "old timers" who yet follow the custom of going out these fine spring mornings, to "call up a gobbler." It is strictly against the law to kill a turkey now and those who have been following this custom, should remember that they are violating the law and subject to prosecution. If we are to have game in this county, and that is what we all want, the game laws will have to be observed by all alike. Furthermore, many of the people have gotten the habit of hunting without a license, which is contrary to law, whether you live in town, on a farm or wherever you may live, and as the license only cost \$1.00, it is a foolish chance any one takes, to go out with a gun without first having a license.

The time to fish is here again and it might be well to say, the only way fishing can be done lawfully, is with ordinary hook and line, gig, spear, trot line or artificial bait, and those who have been using other methods are law violators and subject to prosecution.

Most people want to abide by the law and only break it through want of information, but ignorance is no excuse and is a principle as old as the law itself. Therefore, this short article, which is intended for the benefit of all.

Do you get up at night? Sanol is surely the best for all kidney and bladder troubles. Sanol gives relief in 24 hours from all backache and bladder troubles. Sanol is a guaranteed remedy. 35c and \$1.00 a bottle at the drug store. 25-52.

## LUCKY STRIKE CIGARETTE

IN a year it has become famous; the man's cigarette for the men who are working over here, and fighting over there.

The reason? Because it's made of Burley pipe tobacco and because—

**IT'S TOASTED**



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less than 10 cents per week of it goes to the packer in profits.

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### For Sale or Trade.

I have a good horse, ten years old, in good condition and an excellent animal in every way, will sell, or trade for a cow. Mrs. Louise Waltemate.

### Children Cry FOR FLETCHER'S CASTORIA

Jim Lovelace the branch brake-man, is moving his family to Des Arc, this week, where they will live on his farm. However Jim will not give up his run on the branch.

Winfield Bell's wife and children have gone to Arkansas to visit friends at Little Rock and Hot Springs.

### Hot Springs Waters Wonderfully Successful in the Treatment of Rheumatism

THE peculiar properties of the waters of the Hot Springs of Arkansas are due to radioactivity found in them to an exceptionally marked degree, and their equal has never been known in the treatment of rheumatism and all uric acid troubles. These springs are owned and controlled by the U. S. Government.

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